



**Thrive at Work Professional Development Series
Tools for Resilience and Team Success
Activity Announcement**

Presenter: Domonic Rollins, PhD
President
Rollins Consulting Group

Dr. Domonic Rollins, presenter for this activity, has no financial relationships to disclose. None of the planners for this activity have any financial relationships to disclose.

Dates and Times: Attend one of the two sessions below

- September 16, 2025: 10:00am – 12:00pm
- September 16, 2025: 1:00 – 3:00pm

Location: Attend the workshop virtually or live

Live Location: 4MLK Building, Baltimore, MD (across from Pharmacy Hall)

Virtual Platform: Zoom

Universal Activity Number: 0025-0000-25-083-L04-P; 0025-0000-25-083-L04-T

Target Audience: Pharmacists; Pharmacy Technicians

Activity Type: Application

Learning Objectives

At the conclusion of this activity, the participant will be able to:

1. Apply emotional intelligence strategies to navigate interpersonal challenges and manage team stressors.
2. Demonstrate effective communication techniques for navigating complex, interdisciplinary team dynamics.

CPE Credit: 2.0 contact hours (0.2 CEUs)

Fee: There is no fee

Criteria for Successful Completion: Successful completion of this activity requires your signature on the sign-in sheet (or if participating virtually, logging into the Zoom invite), participation in the entire activity including all activities and completion of the online activity evaluation form.



The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity is supported by the University of Maryland School of Pharmacy. No additional financial support was provided for this activity.

Technology Requirements (for attending virtually):

- Supported Browsers: Windows: Edge 12+, Firefox 27+, Chrome 30+; macOS: Safari 7+, Firefox 27+, Chrome 30+; Linux: Firefox 27+, Chrome 30+
- Minimum Processor Required: Single-core 1Ghz or higher (Recommended: Dual-core 2Ghz or higher (Intel i3/i5/i7 or AMD equivalent))
- Minimum RAM: N/A (Recommended: 4Gb)
- Full Requirements: <https://support.zoom.us/hc/en-us/articles/201362023-Zoom-system-requirements-Windows-macOS-Linux>